



Shining Sea
 Bikeway

wellness STROLLER WALK

9:30am Tuesdays Apr 23 - Jun 4

A dose of mind/body wellness for caregivers and children of all ages! Explore a new wellness topic each week with Shelby Riley LICSW, connect with other caregivers and enjoy a beautiful walk along the Shining Sea Bikeway. Meet at West Falmouth parking lot. Sign up to drop in and receive meet-up details. (Rain cancels)



No cost thanks to the Coordinated Family & Community Engagement (CFCE) Grant.

[Click to register](#)

Our organization does not discriminate on the basis of race, color, sex, gender identity, disability, religion, marital status, national origin, age, sexual orientation or any other class protected by federal, state or local law.