



Shining Sea
 Bikeway

wellness STROLLER WALK

9:30am Tuesdays

Sep 20 - Nov 15, 2022

Join Shelby Riley LICSW, for a dose of mind/body wellness with your baby! Explore a new topic each week, connect with other caregivers and enjoy a beautiful walk along the Shining Sea Bikeway. Meet at West Falmouth parking lot. (Rain brings us indoors for stretching and breathing with baby at Mullen-Hall.)



No cost thanks to the Coordinated Family & Community Engagement (CFCE) Grant.

[Click to register](#)

Our organization does not discriminate on the basis of race, color, sex, gender identity, disability, religion, marital status, national origin, age, sexual orientation or any other class protected by federal, state or local law.