



Shining Sea
 Bikeway

wellness STROLLER WALK

9:30am Tuesdays Sep 12 - Nov 14

A dose of mind/body wellness for caregivers and children of all ages! Explore a new wellness topic each week with Shelby Riley LICSW, connect with other caregivers and enjoy a beautiful walk along the Shining Sea Bikeway. Meet at West Falmouth parking lot. Sign up online to drop in and receive meet-up details. (Rain cancels)



No cost thanks to the Coordinated Family & Community Engagement (CFCE) Grant.

[Click to register](#)

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