



# VIRTUAL PLAY & LEARN ACTIVITIES

• Nov 6th National Eating Healthy Day •

## READ!

Click below for today's interactive read-alouds:

"Fruit Bowl"  
by Mark Hoffmann

"I Am Superkid"  
by Anna & Sorin Bardaus

## MOVE!

Click to sing & dance to  
"Apples & Bananas"  
with The Wiggles

Then click to try Emma's  
Fruit & Veggie Yoga  
with Pop Kids Yoga

## EXPERIMENT!

Click here to make a  
Healthy Fruit Smoothie

## CREATE!

Click to make a  
Hanging Citrus Fruit  
Paper Craft

Click here for Fruit  
and Vegetable Printing

## PLAY!

(FOR LAPBABIES & BEYOND)

Click to watch & learn  
"Five Fat Peas"  
Fingerplay with JBrary