



VIRTUAL PLAY & LEARN ACTIVITIES

• Sept 29th World Heart Day •

READ!

Click below for today's interactive read-alouds:

"Oliver's Vegetables"
by Vivian French and
Alison Bartlett

"Get Up and Go!"
by Nancy Carlson

MOVE!

Click to sing & dance
to Action Songs for
Children: Move and
Freeze Kids Songs
by The Learning Station

EXPLORE!

Heart rate & which daily
activities get your heart
beating the fastest.

CREATE!

Click to make prints
from fruits & veggies

then click here to
make DIY maracas and
have a dance party!

PLAY!

(FOR LAPBABIES & BEYOND)

Click to watch & learn
"Can You Shake Along
with Me?" Song