



THE COALITION FOR CHILDREN

SPRING MINDFUL MOVEMENT



ABOUT THE GROUP

Flutter into spring with Erin for movement, mindfulness, songs, stories and a simple planting activity. Mindfulness equips children with emotional literacy, fostering compassion, emotion regulation and even better sleep! Designed for young children (ages 2.5-6) to attend with a caregiver.

No cost thanks to the Coordinated Family & Community Engagement (CFCE) Grant.

MEET-UP DETAILS

- Saturday April 26, 2025
- 10:30 AM - 11:15 AM
- Highfield Hall & Gardens
- All participation levels welcome
- Registration required




HIGHFIELD HALL
— & Gardens —

SIGN UP HERE



TheCoalitionForChildren.org/specialevents

Our organization does not discriminate on the basis of race, color, sex, gender identity, disability, religion, marital status, national origin, age, sexual orientation or any other class protected by federal, state or local law.