



THE COALITION FOR CHILDREN

MINDFUL MOVEMENT



ABOUT THE GROUP

A weekly parent-child play & learn group featuring stories, movement and songs on basic concepts of self-regulation, fostering compassion, emotional literacy and open-mindedness. Designed for young children (ages 2-6) to attend with a caregiver.

No cost thanks to the Coordinated Family & Community Engagement (CFCE) Grant.

MEET-UP DETAILS

- Mondays Jan 13 - Mar 24
- 10:00 AM - 10:45 AM
- Falmouth Public Library
- All participation levels welcome
- Does not meet when public schools are closed (1/20 & 2/17)



**FALMOUTH
PUBLIC LIBRARY**
300 MAIN STREET, FALMOUTH, MA

SIGN UP HERE



TheCoalitionForChildren.org/playgroups

Our organization does not discriminate on the basis of race, color, sex, gender identity, disability, religion, marital status, national origin, age, sexual orientation or any other class protected by federal, state or local law.