

CAPE & ISLANDS SOCIAL-EMOTIONAL LEARNING PARENTING WORKSHOP SERIES

FREE



Using Routines & Picture Schedules to Create Calmer, More Confident Kids with Alex Caldwell, M.Ed

In this workshop, you will discover simple ways to utilize daily routines and visual schedules to help your child feel calmer, more confident, and independent.

Learn more: bit.ly/CapeAndIslandsParentingSeries

Tuesday May 5, 2026
6:00-7:30 PM
Live Webinar

[Click here to get the meeting link](#)



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Need help now? Free 24/7 Parental Stress Line: 1-800-632-8188