



# Falmouth Supporting Momma Group

A weekly group for moms with new babies.  
Connect and receive support in a judgement free space.  
Babies 0-12 months welcome!

---

No cost to participate!

**MONDAYS 11:00 AM -12:00 PM**

Mullen Hall Elementary School

&

**2ND SATURDAY of the month**

**11:00 AM -12:00 PM**

First Congregational Church in Falmouth

Groups led by: Shelby Riley, LICSW



**Please scan code for more details & to register:**

Questions? [falmouth@pwsupportcenter.org](mailto:falmouth@pwsupportcenter.org) or  
[www.pwsupportcenter.org](http://www.pwsupportcenter.org)

