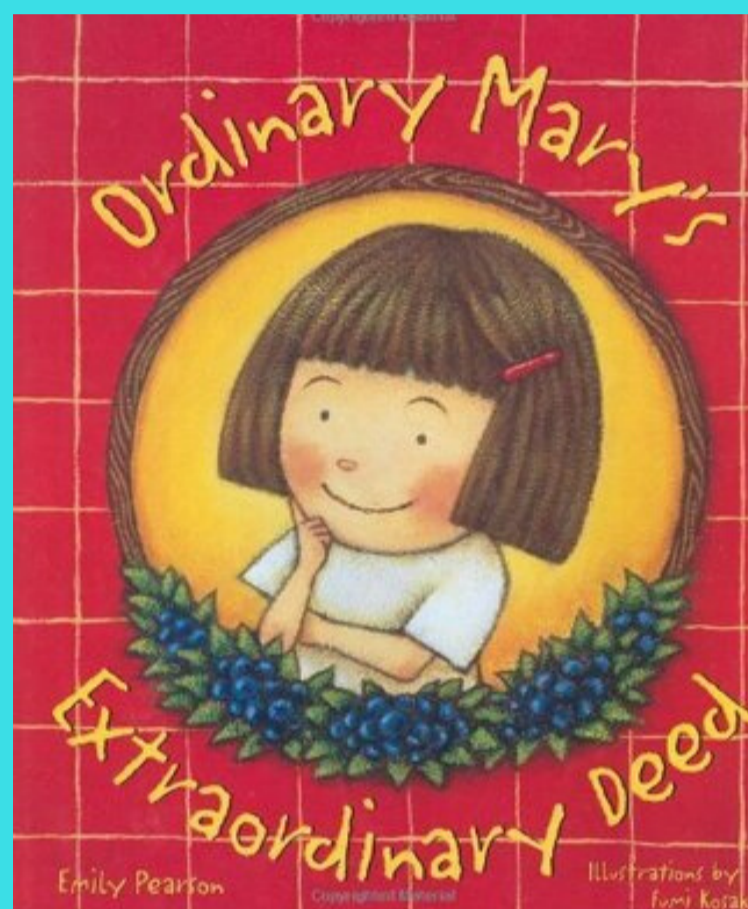


JULY 10

# Virtual Play & Learn



CLICK TO WATCH  
TODAY'S READ-ALOUD



Plus! Join Miss Norina on our YouTube Channel for Tots N Tales in the Garden

## • CREATE • STONE HEARTS

Encourage kindness and spatial awareness by filling in the shape of a heart with stones. Click for details.

No stones at home? Encourage kindness by making Caught Being Kind Bracelets (free download).

## • EXPLORE • KIND WORDS SENSORY ACTIVITY

Using soft cotton and rough sandpaper to illustrate the effect our words have on others.

Click for details.

CLICK TO HEAR  
TODAY'S SING-ALONG

Try A Little Kindness with Tori Kelly

## • PLAY •

### BE KIND: KINDNESS YOGA FOR KIDS

Exercise and create openness in your body and mind in this 5-minute yoga session for kids.

Click for details.