



VIRTUAL PLAY & LEARN

a clickable list of activities for home



JANUARY 21: NATIONAL HUG DAY



READ!



Click for today's read alouds:

"While We Can't Hug"
by Eoin McLaughlin

"How to Hug"
by Maryann Macdonald

EXPERIMENT!

Click to make a sweet treat:
Pretzel Hugs

MOVE!



Click to sing & dance to
"Give A Hug" by Bari Koral

Play "Imaginary Hugs and
Peaceful Place" with MyLife

CREATE!

Click to Mail a Hug
to a loved one (or two!)

Click to make a
Big Hug Card Craft

PLAY!

(FOR LAPBABIES & BEYOND)

"It's So Nice to Have a
Cuddle" with Benita & Glenn



MASSACHUSETTS
Department of Early Education and Care

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